

Welcome to Lillholmsjö Open

Race Program

Jämtlandfjällens Slädhundklubb warmly welcomes you to Gästis in Lillholmsjö where the race will take place.

Address:

Lillholmsjö 114, 83561, Föllinge

Tel: +46 70 303 26 93

Google Maps

Race distances Nordic style:

MOTN	5 km * 2
S1	8 km * 2
P4	20,6 km * 2

Race distances Sled:

MOTS	5 km * 2
SP2Y	5 km * 2
SP2	5 km * 2
SP4	8 km * 2
SP6	13,5 km * 2
SP8	16,2 km * 2
MD6	35,3 km * 2
MD12	35,3 km * 2

Musher meetings, same time on both days:

Musher meeting Nordic and Motion classes:	08:00
Musher meeting sled:	08:45
Musher meeting MD/Pulka:	11:15

Rules:

IFSS rules and national Swedish additional rules apply to this race.

Parking:

The largest sled teams will be parked closest to the start line, smaller teams will have their parking space closer to the entrance of the camping (see picture), as long as there is space left on the camp site. Should all parking space be taken on the camp site, small sled teams (2-4 dogs) could be parked on the other side of the road at the reception building or a little further away towards Mats Skoter. Participants in Nordic classes will also we parked there or if more space is needed to the right side of the crossing alongside the road.

The parking will be indicated with signs according to the different classes, but always follow the instructions from our volunteers! And park your vehicles in a smart way so that there will be place for all. Volunteers will keep an eye on the traffic and give you a signal when it is safe to cross the road with your team towards the camp site.

People that are already staying on the camp site will <u>not</u> have to remove their vehicles!

Registration office:

The registration office will be open on Saturday and Sunday between 07:30 and 11:00 (except for the duration of the musher meetings). You will find the registration in the Annexet building on the first floor, which you reach via the outside stairs.

BIB numbers will be given out by the registration office after you have shown proof of valid vaccination and your license or insurance paper (for foreign mushers). Also you will have to hand over chip lists (no chip list required for Motion classes).

Trail marking:

Trails are marked according to IFSS rules with red and blue turn- and confirmation signs with indication of the class the sign concerns. Where necessary we will close off parts of other trails with crossed pins and/or plastic band. More about the trails will be explained during the musher meetings.

No training runs on the trails on Friday and Saturday after 18:00:

We will close off the trails on Friday and Saturday evening at 18:00 to be able to prepare them for the next race day.

Prize ceremony:

Takes place in front of the Annexet building.

Nordic (P4 excluded), sprint sled classes:	Sunday ca. kl. 14:00
MD, P4:	Sunday ca. kl. 17:00

Result lists:

The result lists will be published on the club's website <u>ifshk.se</u>, on <u>Facebook</u>, and on Svenska Draghundsportförbundet's website.

Accommodation:

Gästis in Lillholmsjö 114, 83561, Föllinge, Tel: +46 70 303 26 93 (probably fully booked?).

Facebook: https://www.facebook.com/lillholmsjo

Föllinge Bed & Breakfast, Backvägen 3, 835 61 Föllinge, Tel +46 645-51002.

Facebook: <u>https://www.facebook.com/people/F%C3%B6llinge-Bed-and-Breakfast-cafe-och-Kakeria/100076334125370/</u>

Food & drinks:

Will be served in the Annexet building, 1st floor.

- Coffee, tea, chocolate milk and lemonade will be free of charge, offered by the club.
- Soup (with meat and vegetarian/vegan) with a piece of French bread (& butter/cheese) costs 50SEK per portion. The amount can be swished or paid in cash (note: we don't have much change, so please pay the exact amount). The soups are served as long as we have left from 11:00 onwards on both days.

Shower, toilets & changing clothing:

In the Annexet building on the ground floor.

No loose dogs!

It is not allowed to let your dogs run free on the race area/camp site.

All dogs should be kept in the trailers/vehicles at night.

Scrap:

Please keep the camp site/race area clean!

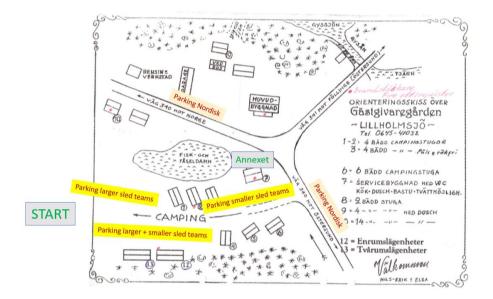
Clear up dog shit and all other scap. It can be disposed of in the indicated area.

Inside in the Annexet building, please throw your used (soup) cups etc. in the trash bin.

Contacts on site:

Race director:	Frida Tenghede	
Judge:	Alf Hallén	
Trail responsible:	Johan Sernheim	
Chairman Jämtlandfjällens Slädhundklubb:	Mascha Verweij	
Questions:	Tel.: Frida Tenghede, +46 72 3868058	
	Mail: <u>board@jfshk.se</u>	

Map Camp Site/Parking:



Trail map:

NOTE: this is the standard map as you will find it on the Gästis website. We will explain the exact race trail system during the respective musher meetings.

